



*Improving lives to help
individuals and families succeed*

The Incredible Years: Spring Edition

A seven-week course for parents with children ages 2-10

Mondays, 6:00-7:30 PM

April 4th, 11th, 25th

May 2nd, 9th, 16th and 23rd

(Please note there will be no class on April 18th)

This is a FREE Workshop –but space is limited!

Please REGISTER to reserve your spot by calling...

Anne at (262) 376-7774 X126

The Incredible Years is an evidence-based parenting program designed to help promote the social, emotional, and academic success of kids ages 2-10. Parents learn to prevent, reduce, and treat emotional challenges in children through a positive and nurturing approach. The course introduces developmentally appropriate and consistent responses to increase children's self-esteem, reduce conflict in the home and promote a strong and healthy family. The program also allows parents to build a support network with other parents who may be experiencing similar challenges.

The program promotes parenting skills, builds parents' confidence and strengthens families through:

- A nurturing and positive parenting approach.
- Positive strategies to manage negative behavior that include natural and logical consequences, ignoring, and redirecting.
- Developing skills to set up predictable routines and schedules and establish house rules.
- Teaching child stages of development and appropriate developmental expectations.

Class will be held at Ozaukee Family Services

4922 Columbia Road, Cedarburg, WI 53012

262.376.7774

www.OzaukeeFamilyServices.org