



The Incredible Years: Spring Edition

A seven-week course for Parents with children ages 2-10

Wednesdays, 6:30-8:00 PM

April 14th, 21st, 28th

May 5th, 12th, 19th and 26th

This is a FREE Workshop – but space is limited!

[Please REGISTER to reserve your spot:](#)

Call Ruba at 262-376-7774 ext. 150

OR www.OzaukeeFamilyServices.org/workshops/

The Incredible Years is an evidence-based parenting program designed to help promote the social, emotional, and academic success of kids ages 2-10. Parents learn how to prevent, reduce, and treat emotional challenges in children through a positive and nurturing approach. The course introduces developmentally appropriate and consistent responses to increase children's self-esteem, reduce conflict in the home, and promote a strong and healthy family. The program will also allow parents to build a support network with other parents experiencing similar challenges.

The program promotes parenting skills, builds parent's confidence, and strengthens families through:

- A nurturing and positive parenting approach.
- Positive strategies to manage negative behavior that include natural and logical consequences, ignoring, and redirecting.
- Developing skills to set up predictable routines and schedules and establish house rules.
- Teaching child stages of development and appropriate developmental expectations.

We will be practicing social distancing protocols and masks will be required.

Class will be held at Ozaukee Family Services

885 Badger Circle, Grafton, WI 53024

262.376.7774

www.OzaukeeFamilyServices.org