



*Improving lives to help
individuals and families succeed*

The Incredible Years: Summer Edition

A Four Week Mini-Course for Parents with children ages 2-14

Thursdays, 9:00-10:00 AM

- **July 23**
- **July 30**
- **August 6**
- **August 13**

This is a FREE Workshop –

but you must REGISTER by calling...

Maribeth Penno 262-376-7774 ext. 146 OR

Anne Mees 262-376-7774 ext. 126

The *Incredible Years* is an evidence-based parenting program designed to help promote the social, emotional, and academic success of kids ages 2-14. Parents learn how to prevent, reduce, and treat emotional challenges in children through a positive and nurturing approach. The course introduces developmentally appropriate and consistent responses to increase children's self-esteem, reduce conflict in the home and promote a strong and healthy family. The program will also allow parents to build a support network with other parents experiencing similar challenges.

The program promotes parenting skills, builds parents' confidence and strengthens families through:

- A nurturing and positive parenting approach.
- Positive strategies to manage negative behavior that include natural and logical consequences, ignoring, and redirecting.
- Developing skills to set up predictable routines and schedules and establish house rules.
- Teaching child stages of development and appropriate developmental expectations.

Held OUTSIDE at the Family Enrichment Center in Grafton

Please bring a chair or blanket to sit on. In the event of rain, we will head inside where masks will need to be worn by all participants.

Ozaukee Family Services

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262.376.7774

www.OzaukeeFamilyServices.org