

OFS STATS

From January through July, Ozaukee Family Services touched the lives of **4,761** local residents:

1,988 children and parents learned about *Internet Safety* and *Cyberbullying*.

1,466 children participated in one or more of the **29** prevention programs addressing child abuse, safety, eating disorders and personal boundaries.

249 parents participated in at least one parenting program including: play groups, *The Incredible Years* or *Spirited Child*.

111 children and **83** parents received **360** home visits from a *Parents as Teachers* educator.

78 parents attended *Beyond Divorce Class* to learn co-parenting techniques.

57 individuals received **543** hours of affordable counseling. In addition, **32** adolescents attended counseling groups.

366 children and adolescents attended a *Girls or Guys Group* program and **27** boys participated in a mentoring program.

114 individuals received assistance and support through the *CST (Coordinated Services Team)* program.

53 children and **29** parents have participated in the *Family Steps* program.

24 children and **17** parents received support through the *RAINBOWS* program.

67 seniors received **705** instances of help including rides, chores and visits.

183 people are actively volunteering for OFS.

These OFS programs promote strong & healthy families that make Ozaukee County a great place to live, work and play.



Improving lives to help individuals and families succeed

News

FALL 2019



OFS CELEBRATES 45 YEARS!

Ozaukee Family Services, originally "Family Services Coordination Project" and then "Family Services of Mequon" started in 1974. Founded with a federal grant from Wisconsin Council on Criminal Justice to alleviate delinquency among young people, we have grown and expanded through the years. We have added, and continue to add, programs that address the challenges that individuals and families face. All our services are free or on a sliding fee scale; no one is ever turned away because of the inability to pay.

As we celebrate our 45th Anniversary, we want to thank you. Tens of thousands of lives have been touched by our organization through the years. None of this would be possible without your generous support of time, talent and treasure! We appreciate the trust you have shown in us by referring your family, friends and neighbors to our many programs. Together we are improving lives to help individuals and families succeed.

We'd like to give you a glimpse of some of the many programs we currently offer, and the people impacted by them. (All names and some details have been changed to protect client confidentiality). Of course, if you want to learn more, we encourage you to visit our website (www.OzaukeeFamilyServices.org), follow us on Facebook or give us a call (262-376-7774). We are here to help.

Lisa Holtebeck
OFS Executive Director

PEAS

PARENT EDUCATION & SUPPORT

Parent Education and Support (PEAS) programming includes free workshops, support groups and evidence-based programs for parents of children age 0 – 18 residing in Ozaukee County.

As part of our PEAS program, we offer playgroups. You may be thinking, “Big deal, there are plenty of places a parent can take their child for social interaction - library story times, playgrounds, neighborhood playgroups, etc.” But what about parents who are not comfortable taking their kids to those places? Maybe they have a child with behavioral, emotional or social issues. Maybe the parent lacks confidence in their parenting ability and fears being judged or excluded.

While many of the families that attend our playgroups do not face the above challenges, our playgroups are a safe place for all families. A place where children and parents can interact with others and feel supported and not judged. A place where kids can practice their social skills and parents can relax and enjoy the company of others. All our playgroups are organized and facilitated by an OFS parent educator.

We encouraged one of our Parents as Teachers clients to bring her two children to playgroup. Her three-year old daughter, Charlotte, has a difficult time transitioning, does best with solitary and repetitive activities, can be awkward in social situations and does not like to try new things. The first couple of times they came, Charlotte threw a tantrum and did not want to enter the room or engage in any activities. Gradually, she did make her way into the room and eventually started trying new things like painting and playing in the sensory box. Now that Charlotte has been to several playgroups, her behavior is better when she arrives, but she still struggles when it is time to leave. At our last playgroup as they were getting ready to leave, Charlotte’s mom needed to attend to her other child. Without missing a beat, another Mom picked up a toy and calmly distracted Charlotte. Charlotte’s mom was so thankful for the help and the feeling of being supported, and not judged, that she called our office later that day to tell us how much it meant to her to have a place she enjoyed going and felt comfortable taking both her kids.



COUNSELING

The counseling program at OFS offers help and support to individuals who want to improve their quality of life, transition through a significant loss or difficult event, learn to manage negative thoughts, resolve conflicts, improve communication, heal from trauma or address other areas of concern. Counseling services are completely confidential and separate from other OFS programs. We provide counseling to individuals, couples and families who have no, or limited, mental health insurance. It is offered on a sliding fee scale so no one is turned away because of the inability to pay.

Sandy, an OFS counselor, is currently working with Amanda who struggles daily with clinical depression. Amanda has been suicidal in the past. She tells Sandy it isn’t only the symptoms of depression that make each day difficult; it is the attitude of others towards her that adds to her distress. Clinical depression is difficult for those around her to understand and Amanda does not get support for what she’s going through from loved ones. In fact, just the opposite. They dismiss her symptoms and tell her that if she would just “get over it” or “look on the bright side” she wouldn’t be so down all the time.

Through counseling, Amanda has been validated in knowing that depression is not something she can get over simply by sheer force of will. It is not her fault that she’s depressed. Serious depressive symptoms lasting for months are generally caused by a chemical imbalance in the brain, something over which she does not have control. Seeing a professional has helped Amanda understand what depression is and how it works. In counseling she hears that she did not develop depression because she is weak or flawed. Counseling has helped Amanda not only feel better about herself as a person with depression but has helped treat the depression and helped her become more hopeful for the future.

PARENTS AS TEACHERS (PAT)

Parents As Teachers is an evidence-based home visiting program for expecting parents or parents with children age 0 – 5 that promotes optimal early development, learning and health. Its goals are to help parents enhance and enjoy their parenting experience, understand appropriate development, offer ideas and activities to stimulate their child's development and help prepare children for school.

Many of us take for granted what normal family interaction is or the role models we had growing up, but some people don't have positive past experiences to draw upon. Neither John nor Mary had good parent role models growing up, so they not only lacked parenting skills but were also unaware of the many resources available. They didn't know where to look for help or that they even needed it.

They have two daughters - a teenager and a preschooler. Their preschooler has some emotional and mental health challenges and is developmentally delayed. Communication between Mary and her children's school was not ideal because Mary has some cognitive processing issues. Therefore, she often did not understand what her daughter's teacher/school was trying to communicate, so she did not follow up on suggestions or recommendations.

Given their situation, it is no surprise that they really struggled to function as a family. Basically, they were co-existing with very little interaction. Because of their challenges they were referred to OFS. They are currently participating in our PAT and Family Steps programs and are also in counseling at OFS.

John and Mary are learning coping, parenting, communication and discipline strategies. Mary has learned to identify her own emotions so she can recognize and deal with them rather than take things out on her family. And although she faces challenges, she is learning to recognize her strengths. John and Mary are learning to communicate better and to support each other. In PAT they have learned about child development which has helped them better understand their youngest child's delays. This has allowed them to set more realistic expectations and has helped improve the way they communicate with and discipline their children. Their PAT parent educator has also assisted by acting as a "communication liaison" with the preschool teacher. This has allowed parents and teachers to work better together to address the delays. Since starting preschool and PAT, their youngest daughter has flourished and is nearly caught up to her peers developmentally.

Not long ago, their PAT educator witnessed a "breakthrough" moment when the entire family played balloon tennis (played with a balloon and rackets made of paper plates and cardboard tubes from paper towel rolls) as their activity. (Most PAT visits include an inexpensive, do-at-home activity). Mom and Dad were playing with their younger daughter. They were laughing and having fun. After a few minutes the teenage daughter stopped the video game she was playing and joined in. The entire family was interacting, laughing, taking turns, being respectful to each other and just enjoying the moment; something many of us take for granted but for this family it was very unusual. Since that moment, they have begun to interact and enjoy each other's company more often.

SENIORS SERVICES

The OFS Senior Services program helps local senior citizens so they can continue living independently. With the help of volunteers, we provide transportation and assistance with seasonal yard work and various projects.

Elaine, an OFS client, has not been able to drive for some time. Joan, one of our long-time volunteers, takes her once a week to the grocery store and on any other errands that Elaine wants to get done (bank, pharmacy, post office, etc.). They have formed a special friendship and enjoy their time together. They typically go every Tuesday, but if that doesn't work for one of them, they communicate and make other arrangements. Joan enjoys her time with Elaine, and the other two OFS senior clients that she drives regularly. Joan's kindness, warmth and genuine concern for the people she drives is apparent when talking to her, "They are wonderful and so grateful. It has been a great experience. I enjoy their company and it makes me feel useful. They also enjoy the company. I think they appreciate that almost as much as getting a ride from me."

We are grateful for Joan and for all our volunteers. If you would like to learn more about how you can help, please call us at 262-376-7774.

SCHOOL GROUPS

OFS collaborates with area school districts to offer a variety of programs addressing mental health. This includes individual counseling done right at the school, programs that address relational aggression (bullying), and groups that tackle issues including anxiety, self-confidence, negative peer relations, stress and anger management, social skills and positive coping skills. This past school year we conducted additional workshops including *Mindfulness/Art Therapy*, *Kindness & Positive Use of Social Media* and *Self-Harm and Suicidal Thoughts* (students learned how to recognize warning signs in themselves and others and acquired tools and strategies to help keep them safe).



Two of our ongoing school programs are **RAISE** (Reduce Aggression, Increase Self-Empowerment), a group for boys and **R&R** (Respect and Resiliency), a group for girls. These groups seek to empower girls and boys to identify, assess, and reduce relational aggression. Through various activities, role-plays, and reflections, the students learn strategies for maintaining healthy friendships.

An OFS staff member explains how the R&R group is making a difference, "Recently I did an activity with 3rd grade girls at a local school that introduced the following terms: Target (the person being bullied), Aggressor (the bully), Bystander (a person who is not the aggressor or the target but stands by and watches), Upstander (a person who supports the target). After class, a girl came up to me and started crying saying that she thinks that she has been a bystander in certain situations and that she is afraid to stand up to the aggressors because they are her friends. I talked to her about different ways she could be an upstander without directly standing up to the aggressors - like talking with the target afterwards or telling a teacher."

Mike, an OFS School Group Coordinator, shared his thoughts, "I really enjoyed my time running RAISE and Guys Groups in the schools. I take my role seriously as I strive to educate the whole child. Educating kids isn't just about making sure they memorize their multiplication tables. I want my students to walk away with a new perspective on what it means to be a citizen. That's the world I want to live in. That means taking time out of the busy academic day to focus on mental health, reducing bullying, and building empathy. Young children know instinctively what it means to be an Upstander. Sometimes, all they need are some practical strategies to use in the real world. I enjoyed turning these life lessons into art activities or games. The Upstander Superhero was a really popular art activity with my elementary groups. I drew up a superhero template and the students were able to color and customize their own Upstander. It's always fun to see the unique superpowers they choose for their hero to help stop bullying. It brings out a lot of creativity and fun discussions. The best part of my job is that I know I'm making a difference in students' lives. I can't tell you how great it is to get thank you cards from students at the end of the rotations. Students sign their names with little messages like 'RAISE Rules' or 'You're awesome!'"

OFS is committed to working with local schools to promote the well-being of our youth.

PREVENTION

Ozaukee Family Services offers Prevention programs to schools and community organizations to promote healthy lifestyles and empower children and youth with techniques to keep themselves safe and healthy. This includes presentations on internet safety and cyberbullying.

Conner is a 4th grade student that has participated in Ozaukee Family Services' Internet Safety programs since first grade. At the end of the class presentation this year, Conner shared that a few weeks ago he had been playing a popular online game when another player online asked for his phone number. Conner didn't know the other player and said he remembered learning about *Wanna know Wally* from Ruba, OFS Prevention Specialist, in second grade. *Wanna Know Wally*, one of several "characters" students are warned about, is anyone who wants to get personal information from kids he/she connects with online. Students are taught to stay away from *Wanna Know Wallys* and to immediately tell a trusted adult if someone online (or in person) asks for personal information. Conner said that as soon as it happened, he thought: this person is a *Wanna Know Wally*. He knew that he should NOT give any information or even talk with that person.

If you would like to make a donation, send a check to: Ozaukee Family Services, 885 Badger Circle, Grafton, WI 53024

OR if you prefer to use a credit card visit www.OzaukeeFamilyServices.org/donations

Ozaukee Family Services is a 501(c) (3) nonprofit agency. Gifts to OFS are tax deductible to the extent permitted by the law.

RAINBOWS

Rainbows is a program for children and adolescents (K-12) who are dealing with major family changes such as divorce or death. The 12-week program seeks to provide a “rainbow” after the storm in a child’s life. Its goals are to help participants understand and express their feelings, to build a stronger sense of self-esteem, and to direct their energy toward a healthy acceptance of the changes that have taken place.

Last year, Olivia, age 11, started participating in our Rainbows program in October, only weeks after her Mom died. Olivia was very quiet and sad the first couple of times she attended. She did not talk to anyone and would not make eye contact, but she continued to come. By the third session, she started engaging with the other kids in her group. She shared stories and even smiled and laughed occasionally. In December she took part in our Rainbows Holiday program. Olivia’s Dad shared, “That event brought a little bit of joy to Olivia. Even though she was still grieving and very sad, she was happy that she could pick out a gift for me. It allowed her to feel a little bit of happiness amidst all the sorrow.”

Over the next several sessions, Olivia continued to open-up; she became even more engaged with the other kids in her group and made friends. Abi, OFS Rainbows Coordinator, monitored Olivia’s progress and explained, “Being around other kids dealing with grief associated with loss or divorce and seeing them in more advanced stages of the grieving process, gave her hope. Hope that she wouldn’t always feel as terrible as she was at that time. In addition, the other kids in the group were extremely empathetic. They could remember what it was like when they first started on their own grief journey and showed a great deal of kindness and compassion to Olivia.”

FAMILY STEPS

Family Steps works with families to help resolve on-going issues. The program includes behavior modification, parenting skills enhancement, education and helping families utilize community resources.

Alisha has been participating in the Family Steps Program since May of 2019 and has made great strides. She is honest, motivated and determined to be the best parent she can be. Alisha moved to Ozaukee County from the inner city of Milwaukee seeking a better environment for her children. She grew up with emotional and physical abuse and was escaping a domestic violence relationship. Because of the abuse she faced, Alisha was involved with CPS (Child Protective Services) who referred her to the Family Steps program.

Even though Alisha was very independent, she was willing to admit she needed help. She lives in a studio apartment with a three-year old son and a newborn. She has no car, no job, limited resources and limited support nearby. In addition to help with parenting, she also needed help with rides to the store, appointments and court dates as well as someone to watch her children.

Family Steps has been helping Alisha on many fronts. First, with parenting strategies. She needed practical advice on how to deal with two kids during stressful situations both in and outside of the home. Her three-year old was especially challenging because he was exhibiting a lot of attention-seeking behaviors.

Through Family Steps, Alisha is learning the importance of being consistent and following through with her demands. Without these, children often push the limits and are not always clear on what is expected of them. Her son now listens better and is more likely to follow directions when they are given. She is also learning the importance of child-led play and giving her son her undivided attention for short periods of time. Both have helped her son feel like he is being heard and has some control. In addition, child-led play has given her son a chance to show his creativity. These strategies have helped minimize his attention-seeking behaviors and reduced the need for consequences. Alisha continues to work on providing praise and positive reinforcement which has encouraged her son to behave better.

Besides parenting strategies, OFS assisted Alisha with some of her other needs by connecting her with resources to get clothes for her and her kids, diapers, household items and gift cards for Ozaukee County shared-ride taxi. It is hard to be a good parent when you can’t meet your basic needs.

Brianna, an OFS Family Steps Coordinator, who has been working with Alisha says, “She is a joy to work with. She is so open and expresses how thankful she is for the program. She is always positive and loving toward her children and is so appreciative of all the support we have given her. Alisha is doing an amazing job persevering and pushing through her hardships. I admire her for being so strong and for her willingness to learn and to admit when she is struggling and needs some help. Not only are we (OFS) improving her life and the lives of her children, but she is teaching us as well - to be humble and to not take things for granted.”

FALL 2019

CALENDAR OF PROGRAMS & EVENTS



OFS ANNUAL FALL FUNDRAISER LUNCHEON

Featuring Elizabeth Berg, bestselling author of many books including *The Story of Arthur Truluv and Open House*, an Oprah's Book Club selection.

Tuesday, November 12th • \$50 per person

10:00 Registration; Program with luncheon to follow

The Watermark at Shully's, 146 Green Bay Rd., Thiensville

Visit www.OzaukeeFamilyServices.org or call OFS (262.376.7774) for more information and reservations.

ONGOING PROGRAMS

PLAYGROUP – Meets the 2nd Monday and 4th Friday of the month (through December 9), 9:30 - 10:30 am.

An open and interactive group for parents and their children age 0-4 using books and activity stations centered around themes. Come and play with your child while interacting with other parents in our safe and fun playroom! Enjoy different toys, gain ideas to try at home, make new friends or bring friends to share in the fun. Space is limited - please call ahead to reserve a spot. Facilitated by Parents as Teachers staff. *FREE*.

BEYOND DIVORCE – Learn how to help your children cope during this transition, how to deal more effectively with the problems that often result from divorce and get advice on how to co-parent so that everyone in your family can maintain healthy relationships. This class fulfills the course requirement of 4 hours of co-parenting education for divorcing parents in Ozaukee County. Registration is required. Classes are scheduled for Saturday mornings. There is a \$75 fee for class and materials.

COUNSELING – Confidential & affordable counseling for individuals, couples, families, children, adolescents, adults and seniors. Sliding fee scale based on income, ensuring availability to anyone in need.

PARENTS AS TEACHERS (PAT) PROGRAM – For children birth to 5 years old. Personalized home visits help parents become their child's first and most influential teacher. PAT educators share information on the latest research and provide ideas and activities for stimulating a child's development to coincide with opportunities for learning. *FREE*.

WORKSHOPS & EVENTS – ALL CLASSES ARE FREE OF CHARGE!

SPACE IS LIMITED AND SOME CLASSES FILL QUICKLY. CALL TO REGISTER FOR ALL WORKSHOPS. INCLUDE CHILD'S NAME AND DOB AT TIME OF REGISTRATION. LIMITED CHILDCARE MAY BE AVAILABLE FOR SOME CLASSES — ADVANCE REGISTRATION REQUIRED.

LOST IN CYBERSPACE: EFFECTIVE PARENTING IN A DIGITAL WORLD

Wednesday, September 25, 6:00 – 7:30 pm: Preschool – early elementary

Wednesday, October 2, 6:00 – 7:30 pm: Late elementary – middle school

Understand the power, potential and risks of social media and the Internet. Parents will learn how families, teens, and adults are affected, and gain tools for minimizing risks and maximizing benefits of the digital world around us. Facilitated by Ruba Al'Saman, Prevention Specialist at Ozaukee Family Services.

PARENTING YOUR SPIRITED CHILD

Tuesday, October 1, 6:00 – 7:30 pm

For parents of children who are more intense, persistent, resistant to change or generally more spirited than most. Learn ways to work with your child's spirit and temperament, including positive parenting and discipline techniques. Techniques and teachings based on *Raising Your Spirited Child* by Mary Sheedy Kurcinka. Facilitated by Kathy Bergmann, Parent Educator at Ozaukee Family Services.

INFANT MASSAGE

Wednesdays, October 2 – 30, 9:00 – 10:00 am

Kathy Bergmann, Certified Educator of Infant Massage and OFS staff member, will demonstrate how to perform basic infant massage stroke techniques, as well as identify the benefits of infant massage for the infant and caregiver. Kathy will share research regarding the benefits of touch in the healthy growth and development of a child. Caregivers are invited to attend with babies from birth to 10 months.

UNDERSTANDING ANXIETY

Tuesday, October 15, 6:00 - 7:30 pm: Middle and High School

Wednesday, November 6, 6:00 - 7:30 pm: Elementary through 5th grade

Gain an understanding of how to recognize symptoms and manage them in day-to-day life. How can we as parents, caregivers and teachers support someone who is struggling with anxiety? Learn strategies and tools that can help kids recognize and regulate their own symptoms. Sessions will be led by professional staff from North Shore Center LLC, a clinic that offers a blend of adult and child diagnostic, therapeutic, and consultative behavioral health services.

MORE FREE WORKSHOPS & EVENTS!

RAINBOWS

Every other Tuesday, October 22 – March 31, 6:30 - 7:30 pm

Rainbows is a program for children and adolescents (K-12) who are dealing with major family changes such as divorce or death. The 12-week program seeks to provide a "rainbow" after the storm in a child's life. Its goals are to help participants understand and express their feelings, to build a stronger sense of self-esteem, and to direct their energy toward a healthy acceptance of the changes that have taken place. Facilitated by Abigail Ribecky, MS, Rainbows Coordinator at Ozaukee Family Services.

LET'S PLAY TO LEARN

Monday, October 28, 10:00 – 11:00 am: MUSIC & MOVEMENT

Wednesday, December 18, 10:00 – 11:00 am: LET'S BUILD

Learn ways to stimulate your 2- 4-year old's learning and creativity in this play-based parent and child workshop. Facilitated by Parents as Teachers staff.

CALMING STRATEGIES CAFÉ

Wednesday, November 13, 6:00 – 7:30 pm

Learn a wide variety of techniques that can be used to help children and adults with self-calming, anxiety and stress relief. These coping techniques will be featured in hands-on breakout areas that will include art therapy, mindfulness & yoga, and the use of fidgets and sensory processing strategies. These strategies can be used at school, home, or on the go. The breakouts will be facilitated by Michael Boelman, OFS staff, Angela Miller, LPC at North Shore Center LLC, and Christina Scheer, OT from Grafton School District.

BUILDING RESILIENCE IN KIDS

Wednesday, December 11, 6:00 – 7:30 pm

Hope, resilience, and a growth mindset are essential ingredients in helping to determine and create the future you want for your child. Acknowledging past experiences and understanding how those experiences impact us and our children in the present are the building blocks for change. Skills your kids learn now, can help them to navigate future life challenges. Learn more about how these positive strategies strengthen your parenting skills with OFS staff members Abigail Ribecky, MS & Sandy Henke, LPC, Certified Trauma Treatment Specialist (CTTS).

VOLUNTEERS ARE THE HEART OF OUR AGENCY!



Rainbows Facilitators – Are you caring, compassionate, and a good listener? Facilitators assist children as they adjust to a death or divorce in their family. Rainbows is a 12-week peer support program that meets twice a month on Tuesday evenings beginning October 22. Training will be provided.

Driver – Do you have an occasional hour to spare? Do you enjoy helping others? Would you like to give back to the community? Consider providing a ride for a local senior citizen to get to an appointment, activity or the store. Very flexible - only help only when it is convenient for you!

Childcare – Have fun supervising kids while their parents attend one of our workshops. Some of them could not attend otherwise. Volunteers needed on select weekday mornings and evenings.

Group projects - Looking for a volunteer opportunity for a group (e.g. Scouts, youth group, church group, etc.)? Contact our Volunteer Coordinator for projects that can be done right here in Ozaukee County.

Willing to share your professional skills? Consider joining our Auxiliary (meets once a month during the day) or Advisory Board (meets early morning twice a year).

HEARTFELT THANKS TO OUR CORPORATE PARTNERS



For more information on OFS programs and events, visit our website

OzaukeeFamilyServices.org or call us at 262.376.7774.





Improving lives to help individuals and families succeed
262.376.7774

885 Badger Circle
Grafton, WI 53024-9436

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If you would like to make a donation, simply drop off your contribution at the OFS office or call us to schedule a pick-up. We will provide you with a receipt for tax purposes.

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receive donations from eligible purchases before you begin shopping. The site will remember your selection and then all future eligible and other account settings are all the same. On your first visit to AmazonSmile (smile.amazon.com), just select Ozaukee Family Services to price to OFS. You simply go to smile.amazon.com. It is a parallel web site; your password, shopping cart, order history, wish lists, registries com, you'll find the exact same items and prices as on Amazon.com, with the added bonus that Amazon will donate 0.5% of the purchase AmazonSmile is a simple and automatic way for you to support OFS at no cost to you. When you shop at smile.amazon.

OFS OFFICE – Post-it notes, printer paper, Avery address labels #5160, Amazon gift card to purchase ink cartridges & other office supplies. in need.

GIFT CARDS – Target, Walmart, Kohl's, Home Depot, grocery stores, gas stations and Shared-ride taxi vouchers - for us to pass on to those or department stores, movie theaters, WE energies, McDonalds, Subway, etc.

INCREDIBLE YEARS & CST (COORDINATED SERVICES TEAM) – Gift cards to be used as incentives/rewards - for gas stations, grocery bags (sandwich and gallon size), Clorox wipes.

PARENTS AS TEACHERS – finger paint (prefer Crayola® brand in squeeze bottles), finger paint paper, washable paint, colored pipe cleaners, clear glue/school glue, glue sticks, foam shaving cream, stickers, 1" or 1 1/2" binders, paper towels, Play-Doh® (regular size), Ziploc

gifts for dads).
RAINBOWS – Individually packages snacks (nut free; such as fruit snacks, cheese & crackers, granola bars, cookies, etc. – expiration date should be 1/31/20 or beyond), small gifts that children in the program can choose as a holiday gift for their parents (especially needed are

card stock, poster board.
supplies (canvases, paper, markers, colored pencils, paint and brushes, scissors, sharpies), balloons, 2-pocket folders with 3-prong fasteners,

GIRLS/GUYS GROUPS – items/trinkets for prize box (e.g. fun pencils, bouncy balls, hair accessories, erasers, matchbox type cars, etc.), art

MOST NEEDED ITEMS - DIAPERS (ESPECIALLY SIZES 5 & 6), BABY WIPES, GAS CARDS, SHARED-RIDE TAXI VOUCHERS.

IN-KIND DONATIONS

BOARD MEMBERS

- Mark Ziebell
- Sandy Williams
- Dan Switalski
- Pam Stark
- Jan Schueller
- Monica Sanz
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